

## Bellflower Middle/High School

# BUCCRNEER NEWSFLASH!



Daily Bulletin for: 03/05/24

#### SHORTENED DAY (MONDAYS)

Period 1/2 10:00 - 11:09 11:09 - 11:18 Snack Period 3 / 4 11:24 - 12:35 12:35 - 1:06 **MS Lunch** HS Period 5 / 6 12:41 - 1:50 1:12 - 2:21 MS Period 5 / 6 **HS Lunch** 1:50 - 2:21 2:27 - 3:36 Period 7 / 8

### Because Unity Creates Success

Visit the BHS Website: www.bellflowerhigh.org

REGULAR DAY					
MAROON (1,3,5,7) / GOLD (2,4,6,8)					
Period 1 / 2	8:30 - 10:02				
Snack	10:02 - 10:11				
Period 3 / 4	10:17 - 11:49				
MS Lunch	11:49 - 12:20				
HS Period 5 / 6	11:55 - 1:27				
MS Period 5 / 6	12:26 - 1:58				
<b>HS Lunch</b>	1:27 - 1:58				
Period 7 / 8	2:04 - 3:36				



#### **ACTIVITIES & ATHLETICS**

03/05 - 3:00pm - Varsity Boys Tennis vs. Ocean View HS (H.B.) 03/05 - 3:00pm - Varsity Girls Beach Volleyball vs. Montebello







CALENDAR						
MARCH 2024						
<u>s</u>	<u>M</u>	Ţ	W	<u>Th</u>	<u>F</u>	<u>s</u>
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**Lunch Menu:** 

Chicken Broccoli Alfredo w/ garlic toast, Freight Farm lettuce, Italian dressing Or Spicy Chicken Sandwich w/ bbq, honey mustard & ranch dip

Vegetarian Option: Veggie Broccoli Alfredo

Breakfast for 03/06: Yogurt Bowl or Honey Wheat Breakfast Bar

#### **NEW ANNOUNCEMENTS:**

#### Bellflower HS Athlete of the Week ... is from Boys Volleyball... Jorge Canedo.

In Millikan's Long Beach Invitational Tournament had Consistent and all-around effort. Team best for Hitting Percentage (.666), Total Blocks (6) and Total Kills (6). Was named to the All-Tournament team.

BELLFLOWER HIGH SCHOOL VOCAL PROGRAM Proudly presents the Spring Jazz Concert, titled, "The Standards!" This concert will feature many of our talented vocal students singing the Jazz Standards, while Choir.

Angels, and Ensemble performing many well-known Vocal Jazz arrangements.

The concert will take place on Thursday, March 7th at 7 pm in Newman Theater.

Tickets are on sale now for \$5 on GoFan or ASB office, and \$7 at the door. Don't miss this swinging and swooning Jazz concert!

**Tomorrow is College Awareness Wednesday!** <u>Don't forget to wear your favorite college attire</u> and show your support. Remember that school dress code should still be followed.

The Counseling team will be hosting the Staff vs Students Basketball game on Wednesday March 27th during High school Lunch. The student team will be a mix of the Boys/Girls Varsity teams. 7 athletes from each team will make up the Co-ed roster. 7 boys and 7 girls. If interested in participating, please sign up at the high school counseling office or email Mr. Rubio.

#### Middle School Boys Soccer is here !!!!!!!!!!!

Please meet Coach Stephen on the turf on Tuesday March 5th during 7th period. If you have a 7th period go to class and come after.

**Join High School Fashion Club in room 902, Monday March 4th** *to sit back and relax with friends while watching the most iconic Versace Runway Fashion shows from the 90's.* Everyone is welcome!

If you would like to campaign to be a part of our Prom Royal Court, or just want to do something fun your senior/junior year, then we have a great opportunity for you!

Join us Tuesday, March 12th in room 411 at lunchtime to sign up to be a model for the Prom Fashion Show!

This meeting is mandatory if you would like to participate. Seniors & Juniors only! You must participate if you plan on running for Prom King or Queen.

#### (Please Read Today - Tuesdays & Fridays only)

Buc Bargains Thrift Store in Room 901 is open today during High School lunch. (read until end of school year).

#### (Please Read Today – every Tuesdays & Thursdays only)

The Class of 2024 General Scholarship Application is NOW Open! Every year various community organizations in Bellflower provide scholarships to graduating seniors who plan to attend college or trade school. We created a general scholarship application to apply for these scholarships. By completing the General Scholarship Application, student's information will be provided to these organizations. The General Scholarship Application is now open and the link can be found on the BMHS website and Class of 2024 Google Classroom. Deadline to submit the application is Thursday, March 28 at 11:59pm.

#### (DO NOT Read - Fridays only)

Hey Bucs! Every Friday, the Cerritos College representative, Ms. Castillo, will be on campus in the College and Career Center, located in Room 401, from 12:30 PM to 3:45 PM. Feel free to drop by if you need assistance. (read until 5/10)

#### **STAFF ANNOUNCEMENTS:**

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Bucs! **The Wellness Center is now open in room 415**. Connect during snack, lunch, or after school to with activities to learn more about the mind-body connection. <u>View our March Calendar and weekly updates on Instagram</u> @bellflowerhscounseling